

Sophie Kinsella, Bestselling ‘Confessions of a Shopaholic’ Author, Dies at 55

Sophie Kinsella, the novelist whose “Confessions of a Shopaholic” series became an international bestseller, died Wednesday after a battle with glioblastoma. She was 55.

Her family announced her death in a statement on her Instagram account, saying, “We are heartbroken to announce the passing this morning of our beloved Sophie (aka Maddy, aka Mummy). She died peacefully, with her final days filled with her true loves: family and music and warmth and Christmas and joy.”