

Singer Demi Lovato Says She's Focusing on Her Relationship With the Lord

In a new interview with Zane Lowe for Apple Music, singer/actress Demi Lovato opened up about her journey before and after her life-threatening overdose in 2018.

Most of the interview surrounds conversation about her new single, "Anyone," and the process of recording it.

However, the conversation turns a corner when Lowe asks her what makes her happiest right now.

"When I think about what makes me happy, I think about my family, I think about my friends, about my team. I think about meaningful relationships."

Then she switches topics and talks about church.

"I started going to church. I was not really a big church person, even a month ago," said Lovato.

She doesn't take full credit for finding a church on her own, though. Lovato recalls a rough night when she was with her manager, Scooter Braun, and he invited her to a Bible study.

"He was like, 'Hey do you want to go to a Bible study?' And I was like, 'Wait aren't you Jewish?'" she said as she laughed.

"If it's going to help you, let's go," she recalled him saying. {eoa}

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