

Simplify: Ten Practices to Unclutter Your Soul

Bill Hybels (*Tyndale*)

What if you could shed that daily, gnawing sense of having more things to do than hours in the day? What if your life could be more than just rushing from one busy activity—or season—to the next?

Hybels, the founder and senior pastor of Willow Creek Community Church in Barrington, Illinois, believes it's possible for you to find such peace as he explores the importance of simplifying life by uncluttering your soul.

In *Simplify*, Hybels tackles a defining issue of today's American culture—the frantic pace of modern life that too often consumes and controls our every move, leaving us exhausted and overwhelmed. A lifelong struggler with these issues, Hybel has an abundance of road-tested wisdom to share with those who crave a simpler life anchored by the priorities that matter most.

The influential pastor shows readers how to respond to God's call to purpose, fulfillment, connectedness and joyful productivity—rather than reacting to the daily demands and priorities of others. Using spiritual insight, readers will discover how to create a God-first schedule to simplify their lives.

“I have waited four decades to write this book,” says Hybels, “primarily because it has taken me nearly that long to learn the lessons necessary to lead a focused, fulfilling and ‘simplified’ life. This book is not about buying a new day timer or app. It pulls the layers back and gets at the ‘why’ questions: Why do I overschedule, overcommit and overspend? Why do I carry low-grade levels of fear and bear grudges for

wrongs that occurred a decade ago?"

Hybels hopes readers will have answered those questions by the end of the book. And to that extent, *Simplify* is both honest and practical as a timely resource that can help anybody who is ready to move into a future that looks far different from their past. —*Felicia Abraham*