Report: Sept. 30 Historically Worst Day of the Year for Stock Market Investors

September has been tough for stock investors, according to financial blog Bespoke, and history says the last day of September may deliver one more blow to already battered markets.

A Bespoke report examining data as far as 1945, the S&P 500 has posted positive returns at just 38 percent on the last day of September, making it one of the worst trading days of the year.

“September has marked a particularly rough stretch for the S&P 500, with only the week of Sept. 11 closing higher as China’s slowdown, global economic uncertainties, and lack of clarity on the timing of the Federal Reserve’s expected interest-rate hike have shaken investor confidence,” MarketWatch reports.

MarketWatch markets reporter Sue Chang concludes: “If Wednesday’s trading action follows the historical trend, things could get worse for investors before they get better.”