

Raise A Foundation When You Fast

When you fast, “you shall raise up the foundations of many generations,” (Isa. 58:12). When you fast, you begin to lay a spiritual foundation that not only affects your life, but God says you will also affect the generations to come after you.

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I don't just fast for myself; I fast for my children, my future grandchildren and so on. I have laid a foundation through my devotion to God that He will build upon because He found an inroad to my family.



A woman who watches the Kingdom Connection broadcast on TBN wrote to share a remarkable testimony to this effect:

I did my first 21-day fast after seeing Pastor Franklin's teaching. I believe the Lord told me I would be fasting for my sick father, who was not yet a believer. I felt I had a promise from God that my dad would not leave this earth without my knowing he is saved. Nearly three months after the fast, my dad died. But as the Lord promised, three days before his death, he assured me that he had asked Jesus into his heart!

I also fasted for my 22-year-old prodigal daughter, who walked away from the Lord when she was 18. I began this year with the 21-day Daniel fast, again with my daughter as my focus. I recently heard from my daughter. She wanted to tell me that she is coming to church on Easter Sunday! It will be the first time in four and a half years. The Lord confirmed that this has occurred as a result of my fast. I am making

fasting a discipline in my life.

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Fasting can end the demonic attack on your family. Fasting can break the generational curses. When you fast, you lay a new foundation of blessing that will be transferred over to your children and your children's children. For this reason alone, I believe the head of any family who has ever been touched by divorce, abuse, molestation, etc. should designate a fast for your family and children in order to bind those demonic attachments from your generations. "And you shall be called the Repairer of the Breach, the Restorer of Streets to Dwell In," (Isa. 58:12).

"Therefore, brethren, be even more diligent to make your call and election sure, for if you do these things you will never stumble; for so an entrance will be supplied to you abundantly into the everlasting kingdom of our Lord and Savior Jesus Christ," (2 Pet. 1:10–11).{eoa}

To learn more about the spiritual impact fasting has on your life, click here!

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