

Pray for Jordan Peterson Amid Concerning Health Diagnosis

Pray for Jordan Peterson as he steps away from the spotlight due to his health.

The famous psychologist, author and media personality has made tremendous waves across the world with his insights on a variety of topics, from Scripture, to marriage and cultural trends. Now, his daughter, Mikhaila Peterson, is publicly sharing that he will be taking a step back as he deals with this health condition.

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“@jordanbpeterson is taking some time off of everything,” Peterson wrote on X.

He was diagnosed with CIRS (chronic inflammatory response syndrome) due to a genetic predisposition that causes the immune system to have an inability to identify and detoxify mold/bacteria in indoor air (the genetic predisposition is not that rare, it's in about 25% of people but he has a severe version).

Over the last year or so he's been feeling the impact of CIRS more and more. Recently he was exposed to a particularly moldy environment while helping clean out my grandfather's house after he passed away which severely flared symptoms.

To be crystal clear – this isn't about akathisia or medication. He's not on any medication. It's an immune system dysfunction.

Peterson further said that her father's struggle with CIRS, or chronic inflammatory response syndrome, has been the root

cause of much of his health problems over the years. Now, it has taken over his ability carry on as normal for the time being.

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CIRS (chronic inflammatory response syndrome) is what has been behind his multiple health issues and random severe allergies and severe food sensitivities over the years. He's really been suffering from this badly since 2017 we just didn't know what it was called. Only eating meat helped keep the symptoms under control but it hasn't been enough recently.

CIRS is also the explanation behind recent cancelled shows, cancelled events, sporadic appearance of being rundown and general weepiness (caused by pain).

He's pausing the podcast at the moment but we're hopeful for a somewhat speedy recovery given we at least know what's going on, and there is treatment, and he's responding well although it's pretty rough.

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Despite this growing issue, Peterson is giving God the praise that they finally have an answer as to what has been causing her father's struggles over the years.

"Praise GOD that we finally know what's been going on," she writes. "Praying we can treat him quickly and the medical

community can be more aware of CIRS and building codes can change (add ERVs to HVACs) so we can get fresh air indoors.”

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– Mikhaila Peterson (@MikhailaFuller) August 13, 2025

Peterson noted that not much is currently recognized by the medical community about treating CIRS, and apologized on behalf of her father for his canceled events before closing with: “Thank you for the understanding. Prayers are appreciated.”

Lift up Jordan Peterson and his entire family during this time, for his healing and that the Lord may speak clearly to his heart.

Abby Trivett is content development editor for Charisma Media.