

Oprah Reveals Her Daily Spiritual Practices ... but Do They Hint of Universalism?

All of humankind yearns for a connection beyond themselves. Thus is the premise of Oprah's "Belief," a week-long special exploring the faithful's calling.

The megastar's faith spurred the project, which will feature the faith and spiritual practices from around the world

"Today I feel the fierce love of all that is God," Oprah says. "So deeply, so strongly and so purely in my heart that it lifts and carries me and sometimes I actually feel weightless in the love that is God because I feel it in all things."

Watch the video to see more.