

Naked Spirituality

 Brian D. McLaren | HarperOne

Brian McLaren—author, pastor, speaker and statesman of the Emergent movement—compels readers to drop all pretenses of religion in *Naked Spirituality: A Life With God in 12 Simple Words*. This book endeavors to strip down one's relationship with God until there is only a love for Him and one's neighbors remaining.

To guide readers in doing this, McLaren uses 12 words—such as No, Yes and Sorry—that have helped remind him of the various “doable and durable” spiritual disciplines he has used in various stages of his life.

Readers may identify with the trajectory of McLaren's story as he journeys from an initial simplicity of belief through the confusion that can come from life in the contemporary church to eventual harmony.

One unharmonious element in this book is its ambiguity of language in the introductory chapters, which may leave some readers confused as to whether or not McLaren believes that adherents of all world religions worship the same God.

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