

Marilyn Hickey on Miracles, Mental Health, Financial Empowerment for Women

Do you need a miracle in your life? Did you know that there is process in the miraculous? If you follow the Holy Spirit, do what He says and speak your faith, you can see miracles. Sometimes, the worst place for you can be God's biggest place of the revelation of a miracle. Your problem is not too big for a miracle. Even if your need feels like a cursed place in your life—sickness, finances, family trouble, work—you can receive a miracle. A key to getting your miracle is knowing that the act in the natural makes way for the supernatural.

Hippocrates said, "Let food be your medicine, and medicine be your food." Dr. Bob DeMaria agrees. Our society today has major problems with depression that can be traced back to stress, and people are concerned about memory loss. The good news is that you can achieve complete mental health by creating a drugless protocol for you to live life to the fullest. His book, *Dr. Bob's Drugless Guide to Mental Health*, will help you with depression and stress, as well as memory issues. It will also give you understanding into your emotions and anxiety and help you with optimal food choices that will assist your brain function.

Women, have you taken responsibility for managing your finances? You should. In Deborah Pegues book, *One-Minute Money Mentor for Women*, she gives you 21 strategies for financial empowerment. Women should have a high quality of life, and to do that, they need to be informed about finances. Deborah's advice will help you to know where you stand and what direction you should go to have healthy finances. As she says, "Money is your servant, when you are His servant."

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