

Marilyn Hickey on Freedom From Fear, Optimal Mental Health and Grace Giving

Do you have fear in your life? Are you afraid of the future, what's happening with the economy, in your job, a health issue? You can annihilate fear and learn how to choose love and faith. Due to living through the COVID-19 pandemic, many people are overcome with fears. Joan Hunter wrote *Annihilate Fear* in response to the fear-filled 2020. Fear robs you of what you can have but you can pull up the root of fear and defeat the enemy. Learn how to confront and defeat specific fears, pray effectively using God's Word and experience freedom from fear.

Did you know you can learn how to reach and hold onto optimal mental health by creating a drugless protocol to live life to the fullest? Dr. Bob DeMaria's book, *Drugless Guide to Mental Health*, shows you that God has strategic keys to help you maintain mental health. You will learn how to help depression and stress issues, understand your emotions and your body, deal with memory issues and understand anxiety and optimal food choices. Learning to achieve and hold onto optimal mental health can be a journey in itself – but you can do it.

Would you like to be a mountain-mover? God's Word tells us to speak to the mountain, not about the mountain, because there's something good on the other side. You can move a mountain of debt, a mountain of sickness, a mountain of stress or a mountain of anxiety. There are two ways to combine two awesome types of spiritual power – grace and giving – and aim them right at the point of your greatest need. In this powerful message, Marilyn teaches how grace flows freely from God's goodness and giving always prompts a spiritual response from God. {eo}

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