

Living Life in the Zone



By Kyle Rote Jr. and Dr. Joe Pettigrew | Thomas Nelson | softcover | 368 pages | \$

Sports fans know there is a “zone” in which athletes perform their best. But what does living “in the zone” mean for Christians?

“We want you to be equipped to have maximum impact—not only for your sake but more importantly for the kingdom’s sake. Living life to the fullest with a clear purpose is living life in the zone—God’s zone,” Kyle Rote Jr. and Joe Pettigrew write.

“Admittedly, we are fellow strugglers in this life. However, we have found that God’s Word taken in its proper context speaks to every core issue a man can face. And when God speaks, He doesn’t stutter,” Rote Jr. and Pettigrew write. “In addition, we recognize that many men tend to compartmentalize their lives—so we have chosen to focus on what our research has told us are the most stressful compartments—faith, fatherhood, marriage, work and friendships.”

Living Life in the Zone is a “40-day spiritual game plan for men” devotional that uses sports and experiences from sports figures such as Tony Dungy, Lee Corso, Chris Mortensen, Bobby Bowden and others to help build their faith and encourage them in their relationship with God.

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