

Learn to Restore Your Energy and Vitality the Natural Way

In this episode of *Dr. Hotze's Wellness Revolution* on the Charisma Podcast Network, Dr. Hotze is joined by his special guest Dr. Burton Berkson of The Integrative Medical Center in Las Cruces, New Mexico. He is the author of bestselling book *The Alpha Lipoic Acid Breakthrough*. Discover the amazing health benefits of alpha lipoic acid for your liver, diabetes and more.

Hotze said, "I've heard Dr. Berkson speak at the Pan-American Allergy Society. And I heard about his wonderful story of healing people with chronic end-stage liver failure using alpha lipoic acid."

Hotze believes that everyone needs a doctor and a staff of professionals who can coach them onto a path of health and wellness naturally, so as they mature, they have energy and vitality and enthusiasm about life. Hotze continued, "That's what it's all about, as you age, you want to feel alive and well."

Berkson shared about his success using alpha lipoic acid, "I injected them at this big hospital with the lipoic acid. Within two weeks, they regrew their livers, and I was amazed. ... We published two papers on 79 people who had end-stage liver disease, and we gave them nothing but intravenous for lipoic acid. Within a short time, within one month, 75 out of 79 regenerated their livers."

Berkson said alpha lipoic acid "interferes with the free-radical process. It neutralizes the poisons that we come in contact with. It's just an amazing substance."

Learn more about the amazing benefits of alpha lipoic acid. Click here to listen to this podcast now on *Dr. Hotze's*

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