

# Keeping Life Simple

Do you ever feel like life is just a little bit complicated? Or maybe like it's a whole lot complicated? Jesus didn't die to give us complicated, frustrated, miserable lives. He died for us so we could have and enjoy our lives (John 10:10).

Maybe you're like me, and you have a busy schedule. I love what God has called me to do, but when life becomes extra-busy, it gets harder to manage all my activities and enjoy life as I should.

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However, I've determined not to be frustrated or aggravated all the time—or to allow my life to go by in a blur. And I've decided that I'm not going to just be “busy.” Instead, I want to be fruitful. I've learned to think of my life in a new way, starting with the words “simplicity” and “simple.”

“Simplicity” means “single, consisting of one thing, unmingled.” The Bible tells us, “A double minded man is unstable in all his ways” (James 1:8, KJV). We don't want to be double minded. Instead, we want to be single minded, because being double minded complicates your life. You have to make your mind up to do something and go for it.

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In a similar way, the word “simple” means “sincere, with no duplicity, no hidden agenda, but having a pure heart, not complex or complicated.”

I believe the best way to simplify our lives is by starting our day talking to God through prayer. The Bible says that the

“effective, fervent prayer of a righteous man avails much” (James 5:16b, NKJV). We don’t need to sound eloquent when we pray or try to impress God in any way. He just wants us to talk to Him as we would a friend. If you don’t speak in Elizabethan English during the day, you don’t need to do so when you pray!

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