

Joyce Meyer Reveals the Key to Genuine Soul Healing

Jesus came to earth to show us the love of God, and to give His life so we could have eternal life. He was perfect—sinless—and He willingly took our sin upon Himself on the cross to pay the price for our salvation. God's love for us is so amazing!

Isaiah 61:1-3 (NIV) says Jesus came “to proclaim good news to the poor ... to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners ... to comfort all who mourn ... to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair.”

And Psalm 147:3 says, “He heals the brokenhearted and binds up their wounds.” Jesus wants to heal our wounded souls, give us His joy, and work through our lives to help others discover same restoration and hope that we have!

My Story

I've had a lot of experience in this area. I used to be such a mess on the inside—in my soul. The pain of years of abuse caused me to become a miserable, bitter, angry, emotionally unstable woman. I didn't trust anyone and I believed I had to take care of myself because nobody else would. I was afraid if anyone really knew me—the real me—they wouldn't like me or accept me.

For years I lived this way, and I didn't understand why. But when I got serious about my relationship with God and started really studying His Word, I discovered His amazing love and how I needed Him to heal my wounded soul.

Once I had this revelation, I made a decision that I was going

to go all the way through the healing process with God, and I refused to live with the pain, secrets and regrets from my past. By God's grace, I have experienced healing and wholeness in my soul in many ways. And now I am passionate about sharing my story and helping others find the love, healing and hope they need so they don't live trapped in pain from their past.

Everyone Has a Story

We all go through hard things in this life, and we all experience wounds in our soul. Those wounds cause pain that can then cause us to hurt others. I like to say it like this: Hurting people hurt people.

Your soul is the inner part of you—your mind, will and emotions. And the condition of your soul is felt by those who are in relationship with you.

Maybe you struggle to have healthy relationships because of fear of rejection and insecurity based on past disappointments or betrayals of your trust. Or you may be angry and have bitterness and unforgiveness in your heart because of what someone has done to you. There are many reasons people have wounds in their soul.

Living with this kind of pain makes a person unstable emotionally and hard to get along with. I remember when Dave and I were first married and I was like this. I'm speaking from experience when I say there is nothing worse than being controlled by your feelings, angry and unhappy when things don't go your way.

But there is hope because Jesus can heal us everywhere we hurt! And God's Word contains the power to save our souls.

The Key to Genuine Soul-Healing

James 1:21 (AMP) says, "So get rid of all uncleanness and all that remains of wickedness, and with a humble spirit receive

the word [of God] which is implanted [actually rooted in your heart], which is able to save your souls.”

Through a serious commitment to study God’s Word and spend time with Him every day in prayer, God has radically changed my life. My mind has been renewed by God’s truth (Rom. 12:2), and I don’t live by my feelings anymore. My will has also been transformed; I can actually want what *God wants* now more than what *I want*.

It took time for me to get a major breakthrough in this area, and it wasn’t easy. But being healed and having real peace, joy and love in my heart are so much better than living with pain of a wounded soul.

One of the best things you can do for yourself is let God heal you on the inside and restore the brokenness in your life. Then you can be example of God’s amazing love and grace, helping them see that if He can do it for you, He can do it for them, too.

The truth is you don’t have to stay broken, living in self-pity, hating yourself, burdened by regret, shame or fear every day of your life. I promise that if you will make a determined decision to trust God and believe His Word more than anything else—more than your thoughts, past experience, feelings or what others say—then you will experience healing in your soul.