

John Bevere Shares Scriptural Guidance for Healthy Eating Habits

In the Bible, being controlled by food is paralleled with getting drunk (see Prov. 23:20). The church is passionate about eliminating alcohol from people's lives, but very little is said about our terrible eating habits.

John Bevere joins Dr. Mark Sherwood in this episode of *Healthcare's Missing Link* on the Charisma Podcast Network to explain how God expects us to take care of our bodies. It's not for God's benefit; it's for yours.

In this episode, you'll discover:

- Changing your eating habits is a process.
- You hunger for what you feed on.
- 75% of people in hospitals are there by choice.

About Our Guest:

John Bevere is an international speaker and bestselling author known for his bold and uncompromising approach to God's Word. His resources have been translated into over 90 languages, and millions of copies have been sold worldwide. But before any of this was possible, John had to walk through a process to discover his calling. John shares from his experience and shows you how you can unlock and live your calling. {eoa}