

John Bevere Says God Has Biblical Health Expectations for Believers

In the Bible, being controlled by food is paralleled with getting drunk (Prov. 23:20). The church is passionate about eliminating alcohol from people's lives but says very little about our terrible eating habits.

John Bevere joins Dr. Mark Sherwood in this episode of *Healthcare's Missing Link* to explain how God expects us to take care of our bodies. And it's not for God's benefit; it's for yours.

In this episode, you'll discover:

- Changing your eating habits is a process.
- You hunger for what you feed on.
- 75% of people in hospitals are in there by choice. {eoa}

John Bevere *is an international speaker and bestselling author known for his bold and uncompromising approach to God's Word. His resources have been translated into over 90 languages, and millions of copies have been sold worldwide. But before any of this was possible, John had to walk through a process to discover his calling. John shares from his experience and shows you how you can unlock and live your calling.*

Mark Sherwood, *naturopathic doctor (ND), is on a mission to help you achieve wellness in every area of your life. Dr. Mark and his wife, Michele L. Neil-Sherwood, DO, have a successful medical practice, the Functional Medical Institute; have a television and radio program; and provide resources, including their Amazon bestseller, The Quest for Wellness; nutrition plans; fitness instructional videos and helpful mental and*

emotional steps to provide relief from stress and to help people form better habits so they can live well.