

# Joanna Gaines Commits to Matthew 6 Attitude for the New Year

Former HGTV star Joanna Gaines made a powerful resolution on New Year's Day through an Instagram post.

The mom of five pledged to live in the moment instead of mourning the past or worrying about the future, a sentiment also expressed in Matthew 6:31-34:

*Therefore, take no thought, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' (For the Gentiles seek after all these things.) For your heavenly Father knows that you have need of all these things. But seek first the kingdom of God and His righteousness, and all these things shall be given to you. Therefore, take no thought about tomorrow, for tomorrow will take thought about the things of itself. Sufficient to the day is the trouble thereof.*