

January 2017: Breaking Strongholds

Cover Story

Breaking A Killer Stronghold

Our unhealthy relationship with food has left us worn out, obese and discouraged. If I can break free from food addictions, anyone can.

Featured Articles

▪ Which Fast Should You Choose

Many people are unaware of how to navigate the many types of fasts. The Juice Lady offers her nutritional expertise.

▪ Digging Out The Spiritual Roots of Deception

Discover a biblical plan that can bring emotional healing to a hopeless heart.

▪ 21 Evenings With The Holy Spirit

What would happen if you spent your evenings for the next three weeks on a date with the Holy Spirit? Here's a 21-day plan that could transform your life.

▪ God's Answer To A Growing Crisis

Joel prophesied about the days we're in, and our sovereign God is waiting on our heartfelt response to His Word.

Inspire

- Hollywood pastor inspires Christians to shoot for the stars
- Spoken-word poet's hopeful message goes massively viral

- Chaplain looks inside the heart of a police officer

Empower

- This month's resources: *Courage to Soar; Faithful Presence; Becoming His; Hits Deep; The Growing Crisis; Vanished: Left Behind—The Next Generation*; and more.
- Reviews: Chris Quilala's *Split the Sky* and Hillsong's *Let Hope Arise*