

Is It OK to Question God? Pastor Who Lost Her Husband Says Yes

What do you do when your husband goes to bed and never wakes up? He was only 37, and you thought he was perfectly healthy. Suddenly, he leaves you with two sons, 12 and 13, as well as a church to pastor all on your own.

This happened to Karen Jensen Salisbury on New Year's Day in 1997. Her husband's sudden death left her with much to grieve—and many questions for God.

That tragic turn of events led Jensen Salisbury to write her new book, *Why God Why?*, which she discussed with Taylor Berglund on the latest edition of "Charisma Connection" on the Charisma Podcast Network.

Jensen Salisbury says it's perfectly OK to ask God tough questions like "Why?"

"You've heard people say you should never question God. But I think you can ask Him all the questions you want because He's the one with the answers, right? And He loves you. He wants to help you come through those events. He doesn't want a terrible event to define your life."

Jensen Salisbury calls *Why God Why?* "a manual for getting past the pain."

"It's the story of how my sons and I got past the pain and how God brought us through the valley of the shadow and gave us wonderful lives," she says. "He is so faithful. That's what we found. We kind of wanted to share that with other people, that there is a way."

"Yes, I'm sorry that there is a valley of shadow. Yes, I'm

sorry that terrible things happen. But you know, welcome to life on planet Earth. There is a way to make it through and come out even better.”

Listen to the podcast for Jensen Salisbury’s inspiring story.