

Inner Healing and the Fruit of the Spirit

I have been puzzled about the subject of inner healing for some time. When I came to the Lord years ago, my primary reason was to get inner peace. Everything that I saw in the Bible pointed to being anxious for nothing and casting all of my care on the Lord in order to arrive at this. I never viewed freedom from worry, anger, unforgiveness and addictions as a special healing that occurred apart from a relationship of unconditional trust in the Lord. How can you be highly charged emotionally if you cast all of your care on Him? Peace seemed like a natural result of unconditional trust.

When I surrendered myself to the Lord, it happened. It worked beyond my wildest expectations. Since then I have been trying to understand the theology behind the process. I have never accepted the idea that peace is something that you pray for, and then it drops on you without humbling yourself before God. It is an integral part of our salvation and not some special healing.

I concluded that the things which keep us bogged down emotionally are the results of the law of sin that Paul speak of in Romans 7:14-8:2. He describes it as doing the things that we don't want to do; and not doing the things that we should do. This is true of all of us, and the law of sin is the reason why our will power is insufficient to deal with our emotional issues. The Holy Spirit and the fruit of the Spirit (Gal. 5:22-24) are the things that give us victory over the law of sin. They are observable in our emotional lives. We can psychologically experience the fruit in a very real way. Spirituality isn't something theoretical. If going to church on Sunday is the extent of your spirituality, you are living way below par in terms of what is available in Christ.

Jesus Christ made inner healing available to us. His Spirit provides the boost that we need to be overcomers. The Holy Spirit is the comforter (parakletos), or one who is alongside to help us. This is the primary difference between Christianity and other religions which do not acknowledge the biblical God and His Son. Without them, we are on our own, and without strength.

The Son, as the Word incarnate and the Son of Man, has the human component that made the Redemption possible. Without that, there could be no shed blood which was required for the remission of sin; and there could not be His human faith in the Father that brings us His righteousness by faith and the graces that He shares with us when we have His presence.

Without the Son's divinity as the Word, we would not be allowed to trust Him as God and receive His Spirit. Jesus, the last Adam, became a life-giving Spirit that was made available for us at Pentecost. Both natures of Christ are essential for salvation. By His one Spirit, we have access to the Father.

Christ's glorified humanity works for us in interesting ways that most of us are not aware of. At the right hand of the Father, Christ is our heavenly High Priest who intercedes for us. He is our one mediator between the Father and us. Without this human function, we would have no access to the Father. Because the Father abides in the Son, we also have the Spirit of the Father when we have the Spirit of His Son within us. This is why we are complete in Christ. We have the total Godhead within us when we have Christ. The Father, Word and Holy Spirit, all reside in His humanity.

Another aspect of Christ's humanity that continues to this day is His human faith in the Father. This is how He was able to do the miracles when He was walking on earth, and His humanity is essential for us now because without it we could not have justification by faith. In Galatians 3:16, Paul says that the promises were made to Abraham and his singular seed which is

Christ. The question is: How do they get to us if Christ is the singular seed? Christ shares them with us when He abides within us. This is the only way that they are available for us. They don't come to us from a distance, and this is also how He shares His justification by faith with us which He has by His human faith in the Father.

Our faith in Jesus Christ brings us His Spirit. The fruit of the Spirit flows from the Father through the Son into us for our inner healing. For this reason, we cannot bypass faith in the Son in order to have faith in God and justification by faith.

The Father views us as sons when His Son's Spirit is within us. This is why we are adopted sons of God. Jesus is the Spirit of adoption. No one comes to the Father without Jesus Christ.

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