

In These Trying Times, This Kind of Faith Will Help You Overcome

Hebrews 11:1 tells us that “faith is the substance of things hoped for, the evidence of things not seen.” But what does that faith look like in trying times like those we’re experiencing today?

“We have to, as the people of God, develop a faith in God that will anchor our souls through difficult times. ... We’re living in a time of coronavirus, and this season of difficulty is really running rampant through the country. It’s costing lives; it’s sending people to the hospital,” says Dr. Sharon Mancha on *The Power of Intimacy With Christ* podcast on the Charisma Podcast Network.

But there is hope. “The saints are blessed of God, and He has given us the ability if we rest in Him to be overcomers in a time like this, because [to have] faith in trying times is to have a faith that sustains you in difficult seasons,” Mancha says. “It’s a faith that will anchor you when all of your emotions and all of the fears that the media and the circumstances tried to ignite inside of your heart cause [you] to be restless and fearful and question your situation.”

She adds, “Do the things that are necessary, obey the laws of man, self-quarantine, do the things that are necessary and believe God to keep you. Don’t live a fearful life; live a faithful life, a life that’s rooted and grounded and established in the truth.”

And Mancha offers godly encouragement about the source of this kind of faith. “That ambition that you have toward God for a particular thing, that ambition that you have that’s rooted and grounded is made and established in biblical texts,” she

says. "Faith has its very root in the Bible. Faith is not supposed to be isolated and up and down and flimsy. But faith is supposed to be at its very core built on the foundation of the Word of God. Because our confidence, our faith, is defined as confidence in God. Faith in God is confidence that God is who He says He is, and that God will do what He says He will do."

To hear more teaching and encouragement on how to have faith in trying times, listen to the entire podcast [here](#).