

IHOP's Mike Bickle Issues Strategic 30-Day Prayer Challenge

Thousands have already joined the fast-growing prayer movement with IHOPKC founder Mike Bickle, in partnership with Charisma House, to embark on a life-changing 30-day encounter with God to establish a genuine, consistent prayer life.

The Growing in Prayer 30-Day Challenge comes at a time when so many feel compelled to unite in prayer as the world continues to grapple with terrorist attacks, mass shootings and tragedies.

"There is no better time in our world for a deeply impactful prayer challenge and call to intimacy with God than right now," said Steve Strang, founder and CEO of Charisma Media, publisher of Bickle's *Growing in Prayer*.

The 30-day prayer challenge, found at [ihop.org](#), inspires participants through free downloadable resources each week such as an eBook, teaching, videos and challenges from Bickle.

"My aim is to help people establish a consistent lifestyle of prayer," Bickle says. "First, to give practical instruction on what to do to develop a life of prayer; and second, to give a biblical understanding of different types of prayer and the principles associated with them. But ultimately it's an effort to help people connect with God in a sustainable, authentic and intimate way."

As author of the powerful book *Growing in Prayer*, Bickle understands that it can sometimes be difficult to talk to God. With this in mind, the challenge resources provide practical strategies that anyone can learn, such as establishing set times for prayer and developing effective prayer lists.

“Over his thirty years in ministry Mike Bickle has learned how to effectively communicate with God. To learn this vital technique from a respected spiritual leader such as he is truly a privilege not worth missing,” Strang added.

Bickle also personally engages participants through social media platforms and , where prayer challenge highlights can be viewed and shared.

IHOPKC is best known for its prayer room, which has run 24/7 since its 1999 launch with live worship teams and subsequent broadcasts on its website.

Charisma House has published twelve *New York Times* best sellers, including *The Harbinger* and *The Mystery of the Shemitah* by Jonathan Cahn, and *Fasting* by Jentezen Franklin.