

Hulk Hogan Opens Up About Faith and Fighting Spiritual Battles in a Restless World

Wrestling legend Hulk Hogan, born Terry Bollea, opened up in a recent episode of the Try That in a Small Town podcast about the most personal fight of his life—not one waged in the ring, but the spiritual battles that have kept him restless at night.

“I was saved when I was 14,” Hogan recalled. “I was playing guitar at a youth ranch... and I accepted Christ as my Savior then, but it took a while for me to get it.” Decades of fame, fortune and failure followed, as he admitted, “Rock and roll music, wrestling... didn’t follow the path for many years.”

But today, Hogan says he’s returning to Jesus like never before. “With all the stuff that’s happened in my life personally... I just totally surrendered, man... I said, ‘You know what? I’ve fought harder than anybody... And I’m just so tired of being in the same empty, back-to-zero space.’”

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He described how this surrender has become a new cornerstone in his life. “Now I just tell my big God about my little problems,” Hogan said. “All these people that nip at my heels, brother, I just pray for them.”

This newfound spiritual peace doesn’t mean the struggle is gone. The wrestling icon shared a raw glimpse into the turbulence that still churns inside him. “About 8:00 at night, I start rumbling... I don’t have that [ring] anymore. So I’ve got all this turbulence in me all the time.”

Hogan credited God and his wife, Sky, with helping him through that restlessness. "She's just been a Godsend... helping me out... She's been my best friend," he said. "It took a while to calm me down, you know, but I still struggle with it every once in a while."

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Despite the internal unrest, Hogan has found strength in stillness. "No matter what type of drama comes at me... I try as best as I can just to remain still," he said.

The former WWE champion also briefly addressed his support for former President Donald Trump, a fellow public figure known for controversial ups and downs. While Hogan didn't elaborate, his simple affirmation on the show made his stance clear.

Hogan's story is one of resilience, repentance and redemption—one that now centers not on the cheers of a crowd, but on a quiet trust in the Lord. "It's amazing where I'm at now in my life," he said. "I didn't realize I was going to have to be 71 years old to figure it out, but it's just an amazing place to be right now."

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