

How You Can Put a Stop to These Common Spiritual Attacks

Chronic anxiety and depression are running rampant among people today, even throughout the church.

One of my readers wrote me with the following request, “Becky, I need help for healing from chronic anxiety and depression.”

I ask you now, you who hold this book in your hand, “Is this request too difficult for God?”

You answer in your heart, “No.”

Then let me ask you another question, “Are chronic anxiety and depression too difficult for the Christian to overcome?”

Many struggle with this type of inner healing, but I remind you again, “*With God...*” not in your own strength. With Him, it is possible to triumph over even this situation.

And just how do you win over this type of attack of destruction? You win with *God* and with the *power of the spoken word*.

In Jesus’ name, that’s correct, with our God, Jesus Christ, with the power of His name, you use the authority of your words and verbally renounce the spirit of fear and depression. Again, with your vocal chords, you command these evil spirits out and off of you. You decree with your voice a radical turnaround in the way you see and hear things, the way you respond to others and even to the past. Use this Scripture, “For I will restore health to you and heal you of your wounds,” says the Lord” (Jer. 30:17, NKJV). {eo}

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