

How Vulnerability and Authenticity Go Hand-in-Hand in the Kingdom

Addiction is a slippery slope. And, believe it or not, it's something we all go through. Whether it's something as simple as over-eating, social media, chronic social hiding, television or something much more dramatic like alcoholism, drugs, violence or self-hurt, it's a global pandemic that no one can wear a mask to prevent. And it all has the same root: shame.

Yes, our inability to be able to live completely in the light that Jesus created for us is to—again—join Adam and Eve by covering ourselves with whatever we find the most comforting—and all of this is to hide our imperfections from the God who made us, the God who has already forgiven us. The God who holds no stones when everyone else's hands of condemnation are full of them.

On the last few episodes of the YouTube talk show and podcast *Coach and Joe*, the special guests are the vulnerable few who spend the week admitting to alcoholism and deep addiction, family and personal destruction, and who have learned the keys of vulnerability and authenticity that lead to the freedom Jesus paid for. If you love the powerful teachings of those like Brene Brown then grab your tissues and sit down to a beautiful week on vulnerability and authenticity with the *Coach and Joe* team.

Check this episode of *Coach and Joe* titled "Authenticity and Addiction feat. Brandon Vincent: Vulnerability Week," on the Charisma Podcast Network.