

How to Teach the Young Woman in Your Life to Be a Prayer Warrior

As a mother, Sheila Walsh knows only what it's like to raise a son. But, the bestselling author and Bible teacher, who is co-host of *LIFE Today* with James and Betty Robison, says she still hasn't forgotten what it was like to be an insecure teenage girl.

And that's the reason Walsh says God prompted her to write the book, *Praying Girls Devotional: 60 Days to Shape Your Heart and Grow Your Faith Through Prayer*.

"Yes, I do have only one son, but I used to be a girl, and I remember the feelings of insecurity, of shame, so many things young girls deal with," Walsh told Dr. Steve Greene on a recent episode of *Greenelines* on the Charisma Podcast Network. "So, I thought if I could reach them at a young age and help them understand their identity in Christ—not what somebody in school says about them—that would be wonderful.

"I've seen that even grandparents and sisters have bought this book. Wouldn't it be great when our kids are little to connect with them and let them know that you love them, but also to connect with them spiritually?" Walsh said. "One of my main things in this book is to let girls know that they can come to God as they are, and not as they wish they were. We often shy away from things, and we feel like we don't measure up or that we're not good enough. To be able to encourage girls with their moms and their grandmothers to come into God's presence all the time is wonderful.

"Praying girls are strong girls," she added. "They are brave girls who know where their worth lies. But how do we get our girls to see prayer as more than just a thing to do before

they go to bed? How do we encourage them to see each moment spent with God as part of a larger conversation and a deepening of the most important relationship of their lives?"

For more about how you can influence the young woman in your life to be a prayer warrior, listen to the entire podcast.
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