

How to Slow Down and Discern God's Will for Your Life

Texas businessman Terry Looper once deluded himself into believing he knew God's will for his life. That is, until a mental breakdown opened his eyes to what God and the Holy Spirit had in store for him—that it was about much more than just making money.

"I thought I was a Christian because I was doing all the right things," Looper told Dr. Steve Greene on a recent episode of "Greenelines" on the Charisma Podcast Network. "I wasn't a bad husband. I wasn't a bad father. But for me, it was just about business and money, and that was just way too high of a priority for my life.

"But then I hit the proverbial wall; my brain just quit. I got on my knees, and I cried and said, 'Lord, please take control of my life.' I was in major fear at that moment, but the Holy Spirit took hold of my heart, and I watched as he unfolded a rhythm in my life that taught me more than I ever thought I could learn. He showed me that he wanted me to slow down.

"He gave me four action steps, and when I started employing them, my life got so much better. The first is prayer, consulting Jesus. ... The second is gathering facts, not your opinions. ... The third is to watch your circumstances and pay attention to the ones Jesus wants you to pay attention to. ... And the fourth is getting neutral, which really means dying to self. That last one is very crucial because it's very difficult for a lot of people to do."

For more of how to discern God's will for your life, listen to the podcast below.