

How to Protect Your Wife From the 'Rats' in Her Life

My wife, Susan, came home the other day to find a special present our dogs left for her. The dogs found a dead rat in the backyard and brought their prize into our house. Susan pleaded for me to come home and get rid of the rat.

So I came to her rescue and disposed of our dogs' not-so-thoughtful gift. I didn't mind stopping what I was doing to help Susan. In fact, I was pumped up about tossing that dead mouse in the trash because I love being my wife's hero whenever I can.

One of the best ways to be a hero to your wife is simply to be there for her. Being there allows you to rescue your wife from the "rats" in life. Here are some "rats" that you can get rid of:

1. Fearsome rats. Nothing makes us men feel more heroic than being able to give our wives a feeling of safety and security. Whether it is holding her close during a wicked thunderstorm or getting rid of those nasty rodents and roaches, be the one she turns to for physical safety. Also, when ferocious financial challenges flare up or sparks of anger start igniting between your kids, be the one to help her feel secure by taking the lead to put those fires out.

2. Troublesome rats. Some of us are handymen. We can fix anything around the house that breaks. Others are better at problem-solving—dealing with the dilemmas of everyday life. We can help our wives deal with those troublesome problems by being Mr. Fix It. On the other hand, sometimes our wives don't need us to fix something, they just need a sympathetic and a listening ear.

3. Tiresome rats. We all live busy lives. We all get

overwhelmed. We all get tired. When Susan gets worn out from life's challenges, I know I need to step up and take care of some of those rats so that Susan can get some rest. Whether it's doing the laundry, dishes, vacuuming, cleaning or cooking, I need to do whatever it takes to give her some temporary rest.

Rescuing our wives from the "rats" in their lives is just one way that we can be heroes to them. Please check out other ways to be a hero to your wife by reading All Pro Dad's 10 Ways to Be Your Wife's Hero.

I'd also like your comments on what "rats" you rescue your wife from and how you do it.

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