

How to Make the Most of Your Holiday Time Off

You finally get to use that vacation time and have some time away from work to spend over the holidays. What will you do?

Before you go planning a thousand things and overwhelming yourself, make sure some quality, fun and relaxing family time is included. You should make the most of your family time during this time. Here's how.

1. Be flexible. You may work from a rigid schedule at work, but now is not the time for that. Throw that out the window. During this time, be flexible and even spontaneous. Be prepared to go with the (family) flow.

2. Be intentional. No matter what you do, try to include your family as much as possible. They are going to be so excited and looking forward to a lot of uninterrupted time with you. But if you are not engaged with them, they'll be very disappointed. Even without planning everything, you can be intentional and focused on making family time a priority.

3. Be relaxed. Your main goal is to love on your family well. And let them love on you too. So take it easy, relax and don't pressure yourself to do a whole lot.

4. Be creative. If you live where it snows, you have some great opportunities for winter fun. You can go sledding, ice skating or even skiing. Date nights can get more creative in the winter. Think outside the box and do some fun, creative things with your family.

5. Be fun. Above all else, have fun and be fun for your family. Making this time full of family and fun will have you ready to go back to work and take on the world when your time off ends. Just be sure not to overschedule your family.

What will you do to make the most of your time off over the holidays?

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