

How to Free Yourself From a Familiar Spirit

To help ourselves get free from a spirit of death this year, let's talk about a familiar spirit. What is it? How does it affect our health and hinder our well-being? How does it gain access into our being? And how do we get free from it?

First of all, what is a familiar spirit? It's a demonic, evil spirit that is bent on our destruction. It takes its orders from Satan, who only desires to steal from us, to kill us any way possible and to destroy us and all that is important to us.

Jesus says in John 10:10 about our enemy, the devil, "the thief does not come, except to steal and kill and destroy. I came that they may have life, and that they may have it more abundantly."

When we hear the word "familiar," we hear the word "family." And this is what happens: This familiar spirit becomes like a family member and gains personal access into every area of our lives.

Allow me to give you some spiritual insight that I have gained over the past 25 years ministering healing to people. I believe you will see clearly how a familiar spirit stops your healing from manifesting and may also hinder your well-being. This message will help you recognize what's keeping you sick and weak and give you steps to take to get free from this familiar spirit.

Signs You Are Bound to a Familiar Spirit

When it comes to sickness and disease or a negative situation, such as an addiction:

- Your whole life is centered around the disease or the problem.
- Your every conversation revolves around this sickness.
- Quite frankly, you wouldn't even know what to say if you didn't talk about it.
- You know this disease inside and out.
- You are so "familiar" with it.
- You know it better than you know your spouse, your kids, the Bible—even God Himself.
- It has become your closest family member.
- It even becomes your idol, your god.
- Your very life and conversations are consumed with it.
- You don't do anything without consulting the disease first.
- It totally controls your every moment.

A Few Ways a Familiar Spirit Gains Entrance Into Our Beings

- Sometimes it enters through a generational curse, which is a curse such as breast cancer passed down from one family member to another.
- Soul ties are another means in which a familiar spirit is transferred to you, through sexual relationships. What has the other person bound will bind itself to you.
- A transferring of spirits from people you are around a lot, like a spiritually unhealthy friend, co-worker or professor. You pick up their unhealthy forms of speech and ways of thinking. Also the transferring of spirits can take place in a spiritually polluted atmosphere such as a bar or hotel room, or by watching ungodly shows such as horror movies. While

watching this horror show, a spirit of fear enters you and takes control of your mind and emotions. Reading ungodly materials is another way a transferring of spirits happens, for example, you are reading through pornographic magazines or sites, and you find yourself in bondage to an addiction to porn.

—A familiar spirit also gains entrance into our beings via the supernatural power of our own words. Remember what it says in Proverbs 18:21 (AMP), “Death and life are in the power of the tongue, and those who love it and indulge it will eat its fruit *and* bear the consequences of their words.” A good example of this would be if you continue to say that you are a poor man, you end up cursing your finances and hinder God’s financial supply over you and your family.

How Do We Get Free From a Familiar Spirit?

Renounce this familiar spirit in the name of Jesus. Say aloud, “In the name of Jesus, I renounce this familiar spirit. I command it out of my being in the name of the Lord Jesus Christ.”

Repent to the Lord for allowing a familiar spirit entrance into your life. Pray, “Father God, forgive me for allowing myself to speak negative word curses over myself, for not heeding godly counsel and hanging out with ungodly friends, for not speaking up against ungodliness with my co-workers, for not taking a stand against the teachings of ungodly professors and for watching movies or reading materials that are destructive to my well-being in the name of Jesus. Forgive me and help me to start a fresh from this moment forward, amen.”

Release the healing and prophetic power of your words over yourself and declare by the redemptive power of the blood of Jesus, “I am healed, I am delivered from this familiar spirit and all other spirits that have latched onto this demon

controlling my every thought and action. No longer will I allow this familiar spirit to control me. From this day forward, I will no longer familiarize myself with this disease or problem and will become intimate with my heavenly Father, my Savior, Jesus Christ, and with my Comforter, Holy Spirit. I take up the Word of God, the Holy Bible, and I renew my mind and emotions with the promises of God. And in His precious name, I move forward free, strengthened and healed in spirit, soul and physical body, amen and amen." {eo}

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