

How to Break Free and Get Out of Your Own Way

God sees us where we are, and we can begin to self-sabotage His mission and purpose for our lives when we begin to operate in the sense of false humility out of our desire to be perceived as pure, free and holy. This hinders our movement and progression in Christ as we begin to seek the Lord to transform and renew our minds.

In the latest episode of *Flawed & Free* on Charisma Podcast Network, *Breaking Free: Overcoming Self-Sabotage*, I discuss how we as believers tend to get in our own way of truly seeing the fullness of God manifested in our lives because of self-sabotage. There is a fine line between living your best life in the world and in Christ. Sometimes we can hinder the plans of God in subtle forms of deception through self-sabotage, completely unaware.

I explain in this episode the importance of accountability and obedience. Disobedience can put you in a position to self-sabotage the plans of God for your life. Dying to self is one way to overcome this battle, and this episode will tell you how I overcame and broke free. Proclaim your freedom today as you listen to *Flawed & Free*, and live your best life in Christ.

If you want more advice on receiving healing through deliverance, finding your purpose, and being obedient to the things God is calling you to do, we have the perfect episodes for you! {eoa}

Tyna Jalieba, CEO and founder of *Flawed and Free*, is the warrior princess who hosts the *Flawed and Free* podcast on Charisma Podcast Network. Tyna has spent almost 20 years as a registered nurse and five years as a family nurse practitioner

and now utilizes those gifts in discipleship and kingdom building through healing and deliverance. As a spiritual warfare strategist, prophetic intercessor and deliverance minister, the Lord allows Tyna to steward and support the servants of God to free them from the flaws of their past into the freedom of their future.

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