

How This Reality Star Pursued the Lord and Found the Woman of His Dreams

More than a decade ago, the Roloff family appeared on television, offering an up-close look at life in a family where the parents were little people. Aptly named *Little People, Big World*, the TLC docu-series followed the family's farm as the children grew into adults and made their own families.

Among them is Jeremy Roloff, who pursued his now wife, Audrey, through a series of love letters. The two share their journey and insight in *A Love Letter Life*, which hit shelves earlier this year.

"This is a really special thing because when we were dating, we always talked about writing a book one day about our love story," Jeremy says. "We didn't think it would happen so soon. But with the *Beating 50 Percent* book and community, and then when we got married, a lot of folks watched it on the show, and reached out and it kind of propelled us in this direction."

The couple opened up recently about their relationship and the value of letters in the C-Pop podcast.

"Letter writing in general has just been totally lost to this generation, and everything is done on the phone and sped up. We feel like writing letters is a way to slow down. Think of a love story. It resembles a love letter in many ways. You've got to be patient, you've got to be patient. There's a romantic element. [Writing letters] is just the practice of slowing down in pursuing someone and being patient," Jeremy says.

Listen to the podcast to hear more.