

How This Actor Went From Stoned to Salvation in 1 Week

Carlos PenaVega was in the depths of depression after his band's tour ended in 2012.

The former *Big Time Rush* actor and singer spent his afternoons getting high, attempting to escape the encapsulating loneliness.

One Sunday, he begged to join a friend at church.

By the next Sunday, his life would never be the same.

Watch the video to see how "Amazing Grace" truly saved a wretch like PenaVega.