

How Losing Can Set You Up to Win

Whether it's things, people or our dreams, loss comes to us in many ways. Life is never quite the way we imagine it to be.

But loss is not going from having to not having; it's going from one thing to a new thing.

Paul understood that he had to lose everything to gain Christ (see Phil. 3:7-8). He could no longer trust in people, things or his own ideals but had to put his trust in God. His willingness to lose himself transformed him from Saul to Paul.

Jesus transformed death (loss) into new life. This is the model He gave us—embrace loss. Don't try to avoid or deny it.

Ever since the fall we have been trying to get back to the Garden of Eden. We long for that perfect place of rest, peace and intimate connection with God and each other.

Thankfully, Jesus came to show us how to find that connection. He tells us we must lose our lives to find them (see Matt. 16:25).

This is radical thinking. The challenge is not to fear loss but to embrace it so you can find the new thing. That way you will not be dependent on people, things or your ideals to meet the needs of your soul.

We must be dependent on God and nothing else. Our every hope lies in Him.