

How I Got Over

✖ By Vickie Winans | Destiny Joy Records

Vickie Winans has overcome a lot since her last CD was released in 2006. Her beloved mother, Mattie Bowman, passed away, and Winans departed from Verity Records to launch her own Destiny Joy recording label. After surviving those trying times, Winans has rebounded triumphantly.

“God has been good to me,” says the seven-time Grammy-nominated singer. “I give Him all the praise. He’s stayed with me and held me up when I couldn’t hold up myself. There are so many great things happening that I just have to say that it’s because of God that I made it over.”

How I Got Over features 11 traditional and urban-contemporary songs. The title track and first radio single is Winans’ personal testimony. Taking a line from an old hymn and classic favorite, Winans creates a brand-new song that celebrates her victories, faith and trust in God. It opens with an upbeat but old-school church flavor and breaks down into a contemporary vamp before closing with her nephew Tim Bowman Jr. laying down some jazzy scats that would make Ella Fitzgerald stand up and applaud.

The project is rounded out with a brilliant dance song “Heyyy” (featuring Tye Tribbett), “Release It” (a tear-jerking ballad) and “Swoop.” -Bill Carpenter

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