

How Christian Parents Can Help Kids Navigate Life's Toughest Questions

Every Christian parent of an adolescent or adult child understands the frustration of watching their child figure out who they are and what they believe. We do everything we can to shelter them from destructive habits, but still, they choose to see for themselves how hot the fire is. It is excruciating to watch your child get burned by life.

Maybe they test the waters of religion, sexual temptation or drugs, or they choose to remove themselves from religion altogether. Ultimately, every person seeks to find the answers to life's multitude of questions. Why are we here? What is our purpose? Who am I? What are my belief systems?

King Solomon sums it up best in his writings. He sought after all the same things we do and found that it is all meaningless. Serving and searching after God is the only thing that brings peace, understanding and happiness. But how do we convey these revelations to those around us?

Honestly, the best thing we can do is search our own hearts. Oftentimes, those closest to us are repelled by Christianity because we do a poor job reflecting Christ in our daily lives. It's not about being perfect, but it is about being humble, acknowledging our wrongs and making them right. It's about repenting and doing our best to turn from sin, not justifying it. As we begin to change for the better and choose to not force Christianity upon others, we may begin to see their hearts change. It is not us who changes them, but God. We may water with our actions, but only God gives the increase.

Listen to my latest podcast episode to learn more.