

How a Mom Overwhelmed by Responsibilities Can Find God

I clearly remember sitting at my desk chatting with my dad on Skype. Tears ran down my cheeks as I explained how starved I was for just *one* morning where I could get alone with God without a screaming baby to interrupt me.

I really missed those times when I would sit down to an open Bible and hear from God.

He assured me that God has grace for moms and that there would be times like that again. But for now it would be like how most moms eat real food—a little bite here, a little bite there.

And that's why I love this devotional by Lori from *Hungry for God ... Starving for Time*.

She packs a whole sermon into what she calls "Power Bar" devotionals. In less than 5-minutes you have received a power-packed sermon that speaks to your heart and directs your focus back onto God and His Word.

She says:

You want to connect with God, but in the craziness of life, it's just not happening. Between the demands of work, relationships, activities, and everything else that crowds your days, you're hungry for God, but starving for time. You want practical, biblical answers to situations you face every day, but you don't have hours to pore over Scripture. You need a resource that answers the questions you're afraid to ask out loud.

Questions like:

- *Is my situation hopeless?*
- *If God already knows what he's going to do, why bother to pray?*
- *Why have you allowed this to happen to me?*
- *No one appreciates what I do. Why shouldn't I quit?*

Each devotion begins with a Facetime question and ends with a biblical answer wrapped in a modern day parable. Like a spiritual power bar, *Hungry for God ... Starving for Time* is packed with enough scriptural nutrition to get you through the day.

Wherever you are—in break rooms, carpool lines or wherever you can snatch five minutes of quiet reflection—*Hungry for God ... Starving for Time, 5-Minute Devotions for Busy Women* is for you.

I love the topics she tackles: jealousy, selfishness, vanity, determination, redeeming the time and faith.

What I love about the stories she writes is that they not only give you a little window into her life, but they are very relatable. I think the one I loved most was her story about how she hid jelly beans in her pocket, so she didn't have to share them with her daughter.

How many moms have not done this? I do it at least once a week!

One problem: once her daughter left the room, she popped her hidden treat in her mouth and ended up chewing on a bunch of pocket lint!

She says: "I've also noticed that when I share liberally, blessings seem to circle back around to me. These blessings

don't come when I give with ulterior motives because I can never manipulate God's blessings. But when I share from a grateful heart, God always takes care of me. Abundantly."

She takes everyday situations and crafts a biblical lesson around them. *I love that!*

Hungry for Time 5 Minute Devotions for Busy Women is an easy read. Each chapter is packed with humor, warmth and a life lesson that a busy mom of kids can easily read and digest.

Lori's ability to craft so much in such few words is truly a gift.

I recommend this book to every woman, it is an excellent compliment to our daily time with the Lord, and is a wonderful resource for young moms.

Rosilind Jukic, a Pacific Northwest native, is a missionary living in Croatia and married to her Bosnian hero. Together they live in the country with their two active boys where she enjoys fruity candles, good coffee and a hot cup of herbal tea on a blustery fall evening. Her passion for writing led her to author her best-selling book *The Missional Handbook*. At *A Little R & R* she encourages women to find contentment in what God created them to be. You can also find her at *Missional Call* where she shares her passion for local and global missions. You can follow her on Facebook, Twitter, Pinterest and Google +, where she can be found on a regular basis.