

Hope for Your Heart

 June Hunt | Crossway

Biblical counselor and radio host June Hart adds the encouraging *Hope for Your Heart: Finding Strength in Life's Storms* to her numerous books on the subject. With insights gleaned from her longtime counseling ministry and award-winning radio programs, she focuses on biblical hope as an anchor for the soul.

Hart describes the different kinds of anchors used by sailors depending upon the situation and the need. She likens the function of an anchor to the role of Christ in the believer's life, whether in safe harbor or severe storms. The reader will learn many interesting facts about the oceans and how navigating them relates to life's circumstances. Experiences from Hart's own life and those seeking counsel underscore the effective role of God's Word as the believer's sure hope.

Hart shows that Christian hope is much more than wishful thinking or mere sentimentalism. Each chapter centers on a Scripture passage and emphasizes the power of hope to heal the wounded. Written for all Christians, *Hope for Your Heart* will also aid pastors and counselors in their ministry.

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