

‘Hollywood Gossip’ Perez Hilton Shares Dramatic Encounter With God After Life-Threatening Hospital Ordeal

Celebrity blogger Perez Hilton says a harrowing 21-day hospitalization triggered by his own medical misstep became the catalyst for a direct encounter with God that has transformed his life.

In a raw YouTube video posted March 23 titled “My Stupidity Got Me In The Hospital For 21 Days! This Is The Most Important Video I’ve Ever Shared,” the 48-year-old former gossip columnist described how a bout with the flu escalated into a near-fatal crisis. Hilton admitted he took prescribed medication on an empty stomach for a week, irritating his stomach lining and causing an ulcer that perforated, leading to sepsis.

“My stupidity landed me in the hospital for 21 days,” he said, “and it was the worst and best thing that’s ever happened to me.”

Doctors at Southern Hills Hospital in Las Vegas performed laparoscopic surgery to address the perforation, drain infection and manage complications that included fluid in his lungs, heart issues and a secondary hospital-acquired infection. Hilton spent more than two weeks without solid food, relying on IV nutrition, tubes and catheters while enduring intense pain and weakness.

Yet amid the suffering, something extraordinary occurred while he was fully lucid, Hilton recounted.

“One of the most special things about this experience is that God presented Himself to me,” he said. “It was not a feeling. God presented Himself to me.”

☐ *“God presented himself to me”— Perez Hilton encounters God after 3 week hospitalization* ☐☐

– *GodlyVibez Studios (@GVStudios_TV) March 24, 2026*

Hilton, who was raised Catholic and attended Jesuit school for seven years, emphasized that he had never truly believed before.

“I grew up Catholic. I was baptized, had my communion confirmed, went to Jesuit school for seven years, but I was never a believer until now,” he said. “God presented himself to me and then did something something that I could only call miraculous. ... This has been life-changing. I don’t have to hope to believe, I know now.”

The encounter has prompted immediate shifts in his priorities. Hilton, a father of three children born through surrogacy, said he plans to take them to church every week. He spoke of deepened family bonds, gratitude for his mother’s daily support during his stay and a renewed appreciation for rest and unplugging from the relentless pace of pop culture.



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Christians across social media have responded with encouragement, viewing Hilton’s testimony as evidence that no one is beyond God’s reach. Many note that his public career once centered on cynicism and celebrity scandal, making the humility in his video all the more striking.

We must remember, transformation is rarely instantaneous. Encounters with God often mark the beginning of a journey, not its completion. Sanctification is a refining process that draws us closer to Him over time, as the Holy Spirit works in a person's heart.

Hilton himself has not detailed any specific changes regarding past aspects of his life, focusing instead on the miracle of God's presence and his newfound certainty.

As Hilton continues recovering at home with ongoing IV treatment, let's lift him up in prayer. Let us ask that this profound encounter with God would lead to full repentance of sin, a wholehearted acceptance of Jesus Christ as Lord and Savior, and the courage to leave his old life behind.

May the same God who met him in that hospital bed continue the good work He has begun in him – and may we, as his brothers and sisters in Christ, walk alongside him in prayer as the Lord shapes him into the man God has called him to be, one step, one day at a time.

James Lasher, a seasoned writer and editor at Charisma Media, combines faith and storytelling with a background in journalism from Otterbein University and ministry experience in Guatemala and the LA Dream Center. A Marine Corps and Air Force veteran, he is the author of *The Revelation of Jesus: A Common Man's Commentary* and a contributor to *Charisma magazine*. For interviews and media inquiries, please contact media@.