

Hollywood Actress Takes on Old Demons in Viral Music Video

Entertainer Tisha Campbell-Martin's powerful new single preaches the freedom of forgiveness.

Campbell-Martin uses the musical poetry of "Steel Here" as a way to purge anger, grudge, pain, low self-esteem, self-deprecation or any negative emotion."

In the video, Campbell-Martin inscribes herself with the words her alleged rapist wrote in an apology letter. The star goes from darkness to light, from shame to freedom, in the single.

"It allowed me to FORGIVE and I'm so incredibly grateful," she writes on Instagram.

Watch the video to see what we mean.