

Harvard Links 180,000 Deaths to Sugary Drinks

Harvard researchers have found a link between sugary drinks and 180,000 deaths every year from obesity-related diseases.

The new study, presented at the American Heart Association conference recently, also tied the drinks to 25,000 deaths in the United States, which ranks third worldwide to deaths linked to sugary drinks.

The study supports other recent studies that suggest sugar-sweetened drinks are hazardous to public health.

The American Beverage Association criticized the study, calling it more about sensationalism than science.

The association said it doesn't prove that drinking sugary beverages causes chronic disease like diabetes, heart disease, or cancer.

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