

God Wants to Use This Triple Anointing for Increase to Heal Your Trauma Now

“I am here to tell you that God can reverse your trauma,” says Dr. Barbara Lowe. And trauma is a topic she knows too well. Now a psychologist and the owner of a successful counseling practice, she was raised in a home filled with emotional and psychological abuse.

Lowe says on *Dr. Barbara's Whole Life Podcast* on the Charisma Podcast Network, “My mom would sometimes wake me up hitting me and threaten to go commit suicide. She would kick me out on the street and have drunken rages. I went to live with my dad, thinking that might be better, but there was a lot of very inappropriate behavior from him. And we used to get high together. ...There were a lot of scary things said and done around me that made me literally fear for my life, and for good reason.”

And Lowe's trauma only compounded as she became an adult. “I went on poorly and went through a divorce. I've had a child die; my dad committed suicide,” she says. But today, she knows “God plus therapeutic methods work.” She is committed to helping women “shake off the enemy, where abuses, where traumas of the past have been holding them down.”

Women, Lowe says, are in deep need of healing. “Women have twice as much PTSD, twice as much anxiety and twice as much depression as men. One out of three women have been assaulted, molested or raped,” she says. “We have been through a lot, and these are American women. So how much worse [is it] if you go to third-world countries? So God is doing something about this; He is feeling the pain in His body.”

Lowe believes the Lord is pouring out a triple blessing for

women in 2020. "In particular, He's doing some things in women to heal us and to make room for us, to cause us to step out in a different kind of faith..." she says. "So I believe that whatever you put effort toward, in particular in this year of 2020, there's going to be a triple anointing for increase upon it. God is moving in threes."

To learn more about this triple anointing and how the Lord will heal women from trauma and move them into His plans for them, [click here](#).