

God Rescued Him From the Transgender Agenda: One Man's Shocking Story

There's no question about it: the transgender movement does not solve a person's issues. Instead, it creates even more turmoil and distress.

Walt Heyer, 84, leads a ministry known as "Sex Change Regret" to help those who feel massive weight and shame after transitioning genders. This ministry comes from Heyer's own personal testimony of living as a woman for eight years, finally detransitioning 40 years ago.

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According to Fox News, Heyer's issues regarding gender confusion began early in life and were accompanied with other traumatic and sexual abuse situations.

"I was being cross-dressed by my grandma secretly, and she was affirming me," Heyer says. "She made me a purple chiffon evening dress and that was a secret for about two-and-a-half years."

However, things quickly escalated once Heyer decided to take home the dress one day.

"...they realized grandma had been cross-dressing me, and I was enjoying it as a four, five and six-year-old boy, then the heavy discipline started with my father. Then his adopted

brother sexually molested me. So that's where the trauma comes in."

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Following these heartbreaking events, Heyer spent his teens identifying as a female, became an alcoholic in his 20s and finally began taking cross-sex hormones before undergoing surgery in his 40s to become "Laura Jensen."

Heyer says that his issues weren't his sexuality, as his therapist led him to believe, but the trauma he endured. Since coming to Christ, becoming sober and starting his ministry, he says the key thing he has found out from those dealing with transgenderism is that they have had some type of abuse occur in their lives, not a true issue regarding their gender.

"Something happened that caused them to not like who they are. It's not even a gender like to say that it's a gender issue because then you can apply hormones and surgery, but that doesn't fix the problem," says Heyer.

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Walt Heyer's story is more than a testimony—it's a wake-up call to the church and to a culture that is deeply confused about identity, healing and truth. In a world rushing to affirm surface-level solutions, his life reveals a deeper spiritual reality: only Jesus Christ can reach the wounded places of the heart.

As believers, we are called not only to speak truth but to extend compassion to those caught in the deception of gender confusion—many of whom are silently suffering under layers of trauma and shame. Let us be the voice that gently leads the broken home—not to another identity, but to their true

identity in Jesus.

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