

Generational Bondage Broken

Being on the spectrum, and having disorders like autism, Asperger's and obsessive-compulsive disorder, brings with them a constant umbrella of fear. Yet if we look into the Scriptures, the Bible tells us that we are created by God, in His image; and He gave us a spirit not of fear, but of power and love and self-control (2 Tim. 1:7).

Why has this happened, you might ask? Well, there are what is known as generational or intergenerational yokes and bondages, which are spiritual conditions manifested as physical conditions passed down through family lines. I know this because in my family, my uncles and my great Gran were on the spectrum throughout my father's lineage. As I was being healed, I started to work out that this is a bondage.

Scripture tells us He gave us a spirit not of fear, but of power and love and self-control (2 Tim. 1:7), and with obsessive compulsive disorder, there is no self-control. People who have OCD have a compulsion to do things randomly and repeat tasks over and over again. I used to wash my hands a 1000 times, which was triggered by fear and the lies of the enemy. Then God brought me to this Scripture that God gave us a spirit not of fear but of power and love and self-control.

The book of Romans chapter 12 verse 2 (MEV) tells us, "Do not be conformed to this world but be transformed by the renewing of your mind." So when the mind is telling you to wash your hands 1000 times, or to open the cap or the door 500 times, or whatever it is because you are going to die if you don't, or something will happen to your parents if you don't, start to take control of that mind and tell it God has created you in His image and given you a spirit not of fear, but of power and love and self-control.

Connect with Reg Morais on Facebook, Twitter, YouTube,

Instagram and his own website. You can also look into the private Facebook group, #breakingthespiritofautism, and find the free chapter link to Fast and Pray. {eoa}

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