

From Adam to AI: Preserving Our Humanity in an Augmented World

We stand at a crossroads of innovation and identity: never before have humans wielded the power to reshape not just our tools, but our very biology. As robotics, nanotechnology, genetics and artificial intelligence merge into a single “hybrid age,” society faces questions more profound than convenience or productivity. At stake is nothing less than the essence of what it means to be human, and whether that essence is worth preserving.

On The Deep End podcast, Timothy Alberino urges us to confront two “essential questions that no other generation ever has had to contemplate.” First, he asks, “What does it mean to be a human being?” and then follows with the harder, paired query: “Is our humanity worth preserving?”

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Though AI may dominate headlines, and even spawn guilty pleasures like “the Bigfoot vlogs,” Alberino warns that it’s merely the most visible strand of a vast technological tapestry.

“Most of us are not interacting with technologies that can alter our genome,” he notes, yet those are arriving alongside AI. As these disparate fields “coalesce,” he says, they will culminate in the ability “to modify wholesale human biology...mind, body and soul.”



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From his Christian vantage point, Alberino reminds listeners that human dignity isn't earned by technological feats but flows from our being "created in the image of God." He frames our original state as "the pinnacle," with Adam "communing with his maker."

In contrast, he warns, trying to use tech to "steal the fruit from the tree of life" will only lead us further from lasting fulfillment. True restoration, he insists, comes "through the door, through Christ."

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Every one of us, Alberino emphasizes, is already "slowly participating in the transition out of Adam and into some posthuman condition." His mission, in writings, interviews and live events, is to help people anchor themselves amid this upheaval by "rooting themselves in the gospel of Christ," the only sure defense against losing our shared humanity.

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As he puts it, after pondering the staggering price of redemption, "to just cast our humanity aside so that we can have what? Life extension, Neuralink," that, he warns, is the real void we must avoid.

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