

Fresh Air

Chris Hodges (Tyndale House)

With his debut book, Hodges eloquently lifts readers out of the spiritual doldrums with a reminder of how the breath of God can put the wind in our sails no matter what our circumstance. Senior pastor of Church of the Highlands, one of the fastest-growing churches in the United States, Hodges possesses insight into overcoming spiritual lethargy and walking in the always-fresh power of the Holy Spirit.

Fresh Air's three parts reveal how we can find the winds of the Spirit, and each chapter concludes with a “breathing lesson,” which includes nuggets of wisdom as well as questions for self-reflection.

The author reminds us that Christianity is a relationship, not a religion. Readers are encouraged to experience renewal and embrace change by encountering—and keep in step with—the Holy Spirit.