

Finding a Renewed Surge of Purpose When Everything Is Caving in Around You

If you know the answers to the following questions, you will feel a surge of meaning, purpose and direction. Even if your circumstances are out of whack and you're under a lot of pressure.

Who am I? (Identity)

Why do I exist? (Purpose)

What am I supposed to do? (Calling, Mission)

How do I do it? (Plan, Goals, Strategy)

If you *don't* feel excited about the direction of your life today, spend a few minutes reflecting on these questions.

I feel so much more alive when I think about such things.
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