

Fibromyalgia Treatment: Improving Quality of Life

Fibromyalgia is a common musculoskeletal condition that presents consistent muscle and joint pain, fatigue, as well as other symptoms that often have a direct effect on the patient's quality of life.

Keren Trabelsi, women's health expert and spokesperson for Bellabaci, a body massage system says, *"cupping therapy massage is a revolutionary treatment that bypasses traditional treatment like medication, which can come with a large amount of unwanted side effects. Cupping therapy massage is designed to treat Fibromyalgia symptoms naturally and effectively."*

"There is a large amount of evidence that suggests that this 'unusual' method is just as, if not more, effective than medications used to treat the condition, such as Lyrica."

According to a recent medical statistic, about 50 percent of patients suffering from Fibromyalgia have trouble performing daily routines, while 30-to- 40 percent of patients had to stop working or change jobs. The average patient is hospitalized three times a year.

Keren Trabelsi's additional thoughts on the therapy:

- Unlike other Fibromyalgia treatment options, there are less risks or dangerous side effects to worry about when trying out the cupping therapy method.
- Symptoms associated with Fibromyalgia have a direct effect on a patient's quality of life, including their ability to take care of their family, hold a job, and generally enjoy daily activities. Oftentimes, traditional treatment such as medication can have adverse side effects, including dizziness, nausea, fatigue, dry mouth, hypertension, and thoughts of

suicide.

Many Fibromyalgia patients also suffer from depression, due to what may seem like a deteriorating lifestyle. By alleviating symptoms and avoiding unwanted treatment side effects with the cupping treatment, Fibromyalgia patients can lead a more normal lifestyle and return to participating in more daily activities and hobbies they once loved.