

Fasting

 By Jentezen Franklin | Charisma House | \$

Derived from the *New York Times* best-selling book *Fasting* by Georgia pastor Jentezen Franklin, this five-week, interactive-study resource package is appropriate both for individuals and small groups interested in gaining understanding, growing their faith and drawing closer to God.

The program involves a *Fasting* DVD and *Fasting Study Guide* (sold separately). The DVD features five, 20-minute sessions taught by Franklin. He takes viewers on a five-week journey into this somewhat forgotten spiritual discipline, basing each session on the powerful message of *Fasting*.

[Click here to purchase this DVD.](#) [Click here to purchase the study guide.](#)