

Ex-Abortion Doctor Finds 'Grace, Mercy and Forgiveness' in the Arms of Jesus

Read Time: 1 Minute 52 Seconds

A Virginia ex-abortionist has a strong message for women who are struggling with the regret and trauma of having an abortion as well as physicians who have performed abortions—no one is beyond the grace, mercy and forgiveness of God.

Dr. John Bruchalski, M.D., had no problem ending the lives of unborn babies if it was what his patient wanted. After all, he says he learned in medical school that “truth was relative” and science was the higher power.

“I was really good at listening, and back then the idea was that elective abortion on demand was the way to bring women freedom,” he told CBN News. “Ultimately, children were sexually transmitted diseases.”

The now 62-year-old says he was pro-choice, but he did not grow up that way.

In fact, Bruchalski grew up in a Christian home with pro-life parents who prayed for him daily.

Although he understood early on that life began at conception, that changed when he attended medical school in the late 1980s.

“I was going along with the status quo. It was only through God’s mercy that He came into my misery at the time and rescued me,” he shared.

He explains it all changed one year when facts, friends and faith collided.

“During my first two years, as I was doing the abortion I began to realize that you really have to ‘steel’ your heart. You had to take a deep breath in. In the early, early, early abortions it wasn’t that bad. But as the fetus got older you had to count body parts to make sure the uterus was emptied and constantly doing that as part of your training, I really began to feel that it was hardening my heart,” he said.

That experience coupled with newly released studies that linked abortion to mental illness, pre-term labor and breast cancer caused Dr. Bruchalski to question what he was doing.

He began to realize “it wasn’t as good as people really thought it was.”

He also began attending a local church and started following the work of a local pregnancy center.

“I was beginning to go back to church, I was beginning to have a relationship with Christ, I was beginning to see how women and men really cared for the whole person especially when a woman was in a crisis pregnancy, but during the day I was back at my medical residency learning how to end a pregnancy and that children were STDs.”

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